



Non-Profit Org.
US Postage
PAID
Permit No. 86
Terre Haute, IN

Catholic Charities

Summer News 2019



MISSION STATEMENT *The staff and volunteers of Catholic Charities Indianapolis are called by the Gospel to uphold the dignity of all people. Guided by Catholic social teaching, we consider it a privilege to deliver compassionate and caring service to help and empower those in need.*

UPCOMING EVENTS

Golf Outing for St. Elizabeth/Coleman

Date: Sunday, July 28th
Time: Noon
Location: Bluff Creek Golf Course
Details: Shotgun start at 1:15pm, dinner and door prizes to follow
Register: www.helpcreatehope.org

Colts Raffle Drawing

Date: Thursday, September 19th
Time: 3:30pm
Location: A Caring Place

"100 Years of Providing Help, Creating Hope, for All"

Date: Wednesday, November 20th
Time: 6:00pm
Location: Catholic Center
Details: Liturgy at the Cathedral and ticketed dinner reception with Archbishop Thompson

Christmas Store

Dates: Tuesday, November 19th through Tuesday, December 17th
Details: Watch for sign-up information in upcoming eNews and on Facebook.

Closing of Centennial Year at Catholic Community Foundation Evening of Lights

Date: Thursday, December 5th
Time: 6:00pm
Location: Catholic Center
Details: Watch for sign-up information in upcoming eNews and on Facebook.

Caregiver Support Groups:

Northside: Indiana Interchurch Center
1100 W 42nd Street 46208
Fourth Thursday of the month, 5:30 -7p.m.

Southside: St. Mark Catholic School
541 E Edgewood Ave, Indianapolis, 46227
Third Monday of the month, 5:30- 7p.m.

Details: Support groups are for family and friends caring for adults aged 60 and older. Registration for groups is required. Please contact Monica Woodsworth at (317) 261-3378 to reserve your spot.

To sponsor an event, contact Cheri Bush at cbush@archindy.org

Success Story

Andrea is the single mother of three children and all were on the run from domestic violence. They had been homeless before, but this time, chose to come to Holy Family Shelter.

Upon admission, a case manager met with Andrea to assist her in identifying her needs and barriers and creating an individualized treatment plan. Andrea was already employed, so her main goals were to seek counseling services to address her past trauma and to obtain safe and affordable housing. Andrea's case manager referred her to Families First, where she began individual counseling and joined a Trauma Support Group. Additionally, Families First provided Andrea with helpful techniques to address her oldest son's behavioral issues.

In order to obtain safe and affordable housing, Andrea needed help in creating and managing a budget.

This led to her case manager suggesting that Andrea seek more hours at her job to help improve her financial situation. Additionally, a referral was made for affordable childcare. Over time, Andrea was able to save the amount of money she needed to secure housing. She was accepted into a "rapid rehousing" program at Coburn Place, where she was able to move into her own fully-furnished apartment with her children. St. Vincent de Paul provided some additionally needed furnishings.

Holy Family is more than a shelter. It is a resource for those who want to change their lives. Because of her experience at Holy Family Shelter, Andrea was able to provide the life for her children that she had always dreamed of giving them.

For more information about Holy Family Shelter visit www.holyfamilyshelter.net and our Facebook page at facebook.com/holyfamilyshelter.

Volunteer Information

Crisis Office:

Stephanie Davis, (317) 236-1512

- Conduct intake interviews and provide basic needs.
- Conduct food drives.
- Stock pantry shelves and assist clients in clothing room.
- Database entry to help with client records.
- Other general receptionist tasks.

Refugee and Immigrant Services:

Beth Russell, (317) 236-1592

- Provide tutoring and/or help teach basic English.
- Assist families with adjusting to life in Indianapolis.
- Hold clothing and household goods drives.
- Set up apartments for resettling families.

Holy Family Services:

Taylor Clark, (317) 635-7830 ext. 19

- Family Friendly Opportunities
- Adult Volunteer Opportunities

Christmas Store:

Stephanie Davis, (317) 236-1512

- Assist as clothing sorters and buyers (year-round).
- Help set up the store (year-round).
- Be a personal shopper with a family during November and December.

St. Elizabeth/Coleman Pregnancy and Adoption Services:

Christine Higginbotham, (317) 787-3412

- Assist in sorting donations.
- Help with upkeep of the grounds.
- Answer phones and other general office tasks.
- Assist in event planning.



Adult Day Services:

Amy Sczesny, (317) 466-0015

- Serve meals.
- Provide transportation to field trips and to adult day services.
- Provide manicures and other aesthetic services.
- Assist in clerical duties or writing oral histories for clients.

RSVP of Central Indiana:

Monica Woodworth, (317) 261-3378

- Volunteer opportunities for adults aged 55 and older to use their lifetime of knowledge to significantly impact the community. RSVP works as a volunteer clearinghouse, connecting adults with Catholic Charities programs and other local organizations with volunteer needs. Time commitment is flexible. There are no education or skill requirements. RSVP is a Senior Corps program of the Corporation for National & Community Service.

Holy Thursday Soup and Bread Luncheon

Each year, to prepare for the Easter season, the Crisis Office hosts its annual Holy Thursday Soup and Bread Luncheon. The event starts with scripture reading and reflection followed by lunch and socializing. Over 120 people attended this year's luncheon, which was a record crowd.

The Crisis Office aids low income persons with basic necessities, such as food and clothing. Funds raised this year allowed the Crisis Office to purchase a new industrial

refrigerator. This will allow the Crisis Office to store and provide more fresh meat, vegetables and milk to those in need and increase the

number of people served. For more information about the Crisis Office visit www.helpcreatehope.org



IU Health Morgan And Catholic Charities Indianapolis Work Together To Provide More Mental Health Services In Morgan County

Morgan County, IN – IU Health Morgan and Catholic Charities Indianapolis Inc. have formed a collaborative partnership to provide the best mental health services for both adults and children referred by physicians at Riley Hospital for Children or Southern Indiana Physicians. Thanks to the generous financial support from the Kendrick Foundation, the purpose of this integrated healthcare partnership will increase options for counseling services available at IU Health/Southern Indiana Physicians, located at 2209 John R. Wooden Drive, Martinsville.

Additionally, it will provide a critical referral resource for local physicians to connect their patients to timely consultation, assessment and treatment of mental health needs. The overall goal is to provide an improved continuum of health care for Morgan County residents, regardless of their ability to pay.

Operating from an integrated health care model, often referred to as interdisciplinary health care, this partnership allows the sharing of resources, ideas and best practices related to patient care. This also establishes comprehensive treatment plans to address physical, psychological and emotional needs of individuals and families. It takes the collaboration of physicians, therapists, nurse practitioners and a psychiatrist working together to address the mental health needs of their patients and the community.

The benefits of an integrated health care approach extend beyond patients, caregivers and providers to a larger health care system. Research indicates integrated health care is effective in reducing childhood depressive symptoms, academic difficulties

and trauma. Further evidence suggests coordinated care, which integrates mental health providers within primary care, can enhance access to services; improve quality of care; and lower overall health care expenditures.

Other benefits and services as a result of integrated health care include:

- Mental health assessment and short-term treatment providing individuals with skills necessary to effectively manage problem areas.
- Diagnosis and treatment of mental and behavioral health problems such as depression, suicide risk, anxiety disorders, addictions, insomnia, etc.
- Consultation and recommendations for family members, individuals and health care providers.
- Responsive interventions designed specifically for individual and family issues contributing to health care problems.
- Medication management referrals to local psychiatrists.
- Substance abuse assessment, education and treatment referrals.

Indiana University (IU) Health is the largest network of physicians in Indiana. A unique partnership with Indiana University School of Medicine, one of the nation's leading medical schools, gives patients access to leading-edge medicine and treatment options available first, and often only, at IU Health. To make an appointment, please call (765) 349-6730.

A Caring Place Adult Day Service Colts Ticket Raffle

A Caring Place provides therapeutic and safe day services for senior adults with physical and/or cognitive impairments. Information on the raffle and how to enter will be available in the coming months in our eNewsletters and on our Facebook page "Catholic Charities Indianapolis." **For more information on A Caring Place and to sign up for eNews, visit helpcreatehope.org**

